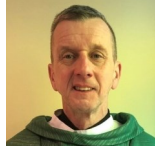




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Fr. Tony Sulkowski

Pastor

FrTony@sjfparish.org

Ext. 102

Summer is fleeting

As I sit at the computer writing this article I am amazed that we are at the beginning a new month. Life does seem to fly by and that is why it is important to enjoy

each day as it comes because as we all know and have experienced from time to time, life can change in a minute.

I hope all of you had a chance to get away for some rest and relaxation. Last week I received a copy of Matthew Kelly's latest book titled "I Heard God Laugh", a practical guide to life's essential daily habits.

The central focus of the book is the importance of prayer in our life and our daily activities. That our life is centered on prayer and our relationship with God is strengthened through prayer. In the later part of the book, Matthew Kelly presents what he calls the prayer process. This process invites people to a deeper understanding of how their prayer life impacts their relationship with God and those people we come in contact with in our daily life. I hope you find this prayer process helpful and enlightening.

The Prayer Process

1. **Gratitude:** Begin by thanking God in a personal dialogue for whatever you are most grateful for.
2. **Awareness:** Revisit the times in the past twenty-four hours when you were or were not the best-version-of-yourself. Talk to God about these situations and what you learned from them.
3. **Significant moments:** Identify something you experienced today and explore what God might be trying to say to you through that event (or person).
4. **Peace:** Ask God to forgive you for any wrong you have committed.
5. **Freedom:** Speak with God about how he is inviting you to change your life, so that you can experience the best-version-of-yourself.
6. **Others:** Lift up to God anyone you feel called to pray for today, asking God to bless and guide them.
7. **Finish:** By praying the Our Father.

As you pray through the process may you reflect upon your relationship with the Lord. That relationships, like any relationship we have with family or friends, is ever changing. Each day is a new opportunity to see God working in our life and in the lives of those we meet along the way. We are called to live in the present and appreciate that God is in that present moment.

Have a wonderful week. Carpe Diem.

Fr. Tony

Bon mot: "Hold your eyes on God and leave the doing to Him. That is all the doing you have to worry about." St. Jane Frances de Chantal -Feast day August 12

WORSHIP SCHEDULE

Weekend Masses

Saturday 4:00pm
 Sunday 9:00am & 11:30am

Weekday Masses

Tuesday 7:00pm
 Wednesday & Thursday 8:00am

Holy Day Masses As Announced

Confession

Tuesday 5:30pm

Rosary

Tuesday 6:00pm

OFFICE HOURS

Monday, Wednesday, & Thursday

9:00am—1:00pm & 4:30pm—7:45pm

Tuesday

2:00pm—7:45pm

Saturday

3:00pm—5:00pm

Sunday

10:00am—12:30pm

PARISH HAPPENINGS

Monday, August 7, 2023

10:00am Children's Choir Camp

Tuesday, August 8, 2023

9:30am Walking Club (off-site)
 10:00am Children's Choir Camp
 1:00pm Adoration
 5:30pm Confessions
 6:00pm Rosary
 7:00pm Mass

Wednesday, August 9, 2023

8:00am Mass
 9:30am Needlecrafters
 10:00am Children's Choir Camp
 6:00pm Needlecrafters
 7:00pm Lectio Divina (Zoom)

Thursday, August 10, 2023

8:00am Mass
 10:00am Children's Choir Camp
 6:00pm K of C Officer's Meeting
 6:30pm K of C General Meeting

Friday, August 11, 2023

Office Closed
 10:00am Children's Choir Camp

Saturday, August 12, 2023

4:00pm Mass

Sunday, August 13, 2023

9:00am Mass
 11:30am Mass

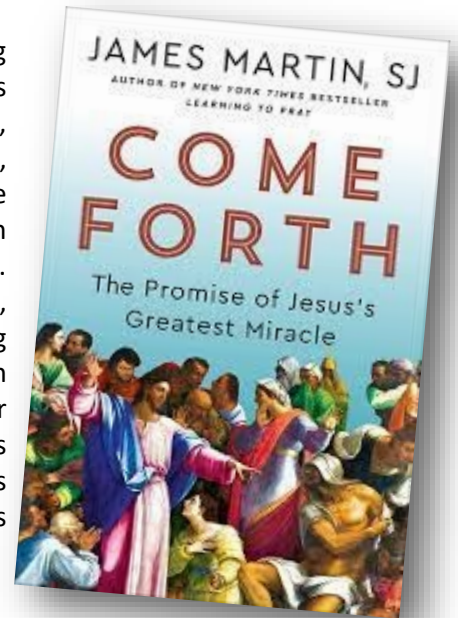


Laurie Hall
 Pastoral Associate
 LHall@sjfparish.org
 Ext. 104

Do you love to read and are interested in books that spark spiritual discussion? Join our Book Club!

The Book Club meets on the second and fourth Thursday of each month, from 10:30am – noon in the lower level of the parish offices. Each book that our group has read has brought something different to our continued conversion, forming us ever closer in relationship to God and each other. Our next book is "Come Forth" by Fr. James Martin. The publisher's description: "In this wise and compassionate book, New York Times bestselling author Father James Martin, SJ, explores the story of Jesus's greatest miracle—the raising of Lazarus from the dead—and what Jesus means when he calls each of us to 'come forth.' Meditatively and carefully, Father Martin leads us verse by verse, offering profound reflections on Jesus's lessons on love, family, sadness, frustration, fear, anger, freedom, and joy.

Come Forth combines compelling analysis of the biblical text, insights about the historical setting of the story, spiritual lessons for today's readers, meditations on Lazarus in art and the larger culture, as well as stories from Martin's travels through the Holy Land. As he explores these strands in depth, Martin helps us let go of the limiting beliefs that prevent us from experiencing God's presence in our lives. We need only to open ourselves to the transformative story of Lazarus and trust that God can use it to free us to experience, like Lazarus, new life."



The book's release date is September 5, 2023 and our first meeting of the Book Club is September 14th. You can preorder the book now or pick it up in stores September 6th. Once I have the book in hand, I will contact all participants with the reading schedule. All are welcome, please just give me a call or an email to let me know to expect you and add you to my list. Please plan to bring a copy of the book, it is available for purchase at most bookstores, including Amazon.



EUCHARISTIC ADORATION WITH RECITATION OF DIVINE PRAISES

Come spend an hour with Jesus in the Blessed Sacrament! Please join us in the chapel **on Tuesday, August 8th, anytime from 1:00pm until 6:30pm** for Eucharistic Adoration, ending with recitation of the Divine Praises at 6:30pm.



Michael Novak
 Faith Formation & Youth Ministry
 MNovak@sjfparish.org
 Ext. 108



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SCRIPTURE READINGS

WEEK OF

August 6, 2023

Sunday

Feast of the Transfiguration of the Lord

Dn 7:9-10, 13-14; Ps 97:1-2, 5-6, 9; 2 Pt 1:16-19; Mt 17:1-9

Monday

Nm 11:4b-15;
Ps 81:12-13, 14-15, 16-17;
Mt 14:13-21

Tuesday

Nm 12:1-13;
Ps 51:3-4, 5-6ab, 6cd-7, 12-13;
Mt 14:22-36 or Mt 15:1-2, 10-14

Wednesday

Nm 13:1-2, 25 – 14:1, 26a-29a, 34-35;
Ps 106:6-7ab, 13-14, 21-22, 23;
Mt 15:21-28

Thursday

2 Cor 9:6-10; Ps 112:1-2, 5-6, 7-8, 9;
Jn 12:24-26

Friday

Dt 4:32-40;
Ps 77:12-13, 14-15, 16 & 21;
Mt 16:24-28

Saturday

Memorial of Saint Jane Frances de Chantal, Religious

Dt 6:4-13; Ps 18:2-3a, 3bc-4, 47 & 51;
Mt 17:14-20

Sunday

Nineteenth Sunday in Ordinary Time

1 Kgs 19:9a, 11-13a;
Ps 85:9, 10, 11-12, 13-14; Rom 9:1-5;
Mt 14:22-33

THIS IS MY
BELOVED SON
WITH WHOM I AM
WELL PLEASED

— TRANSFIGURATION OF THE LORD —

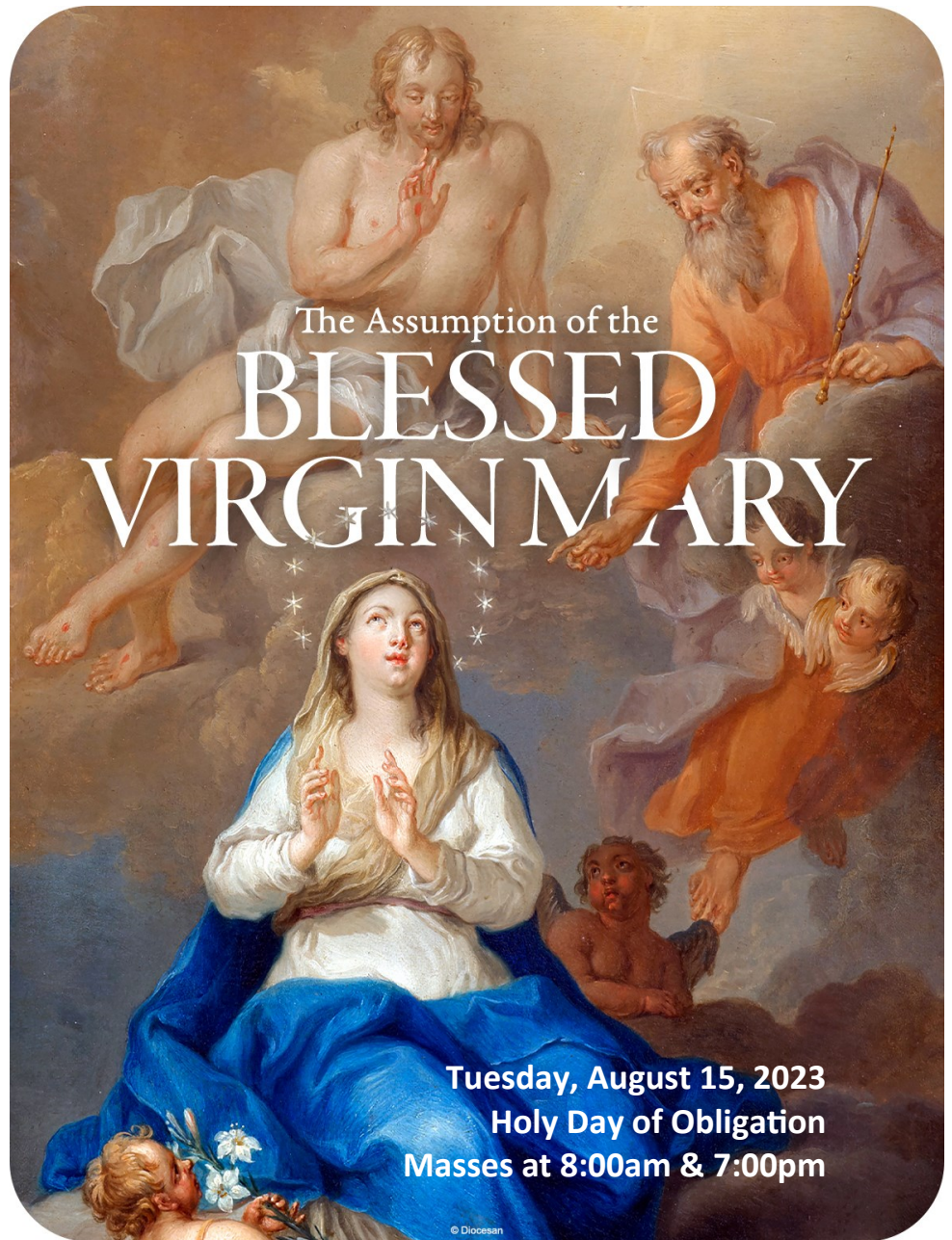
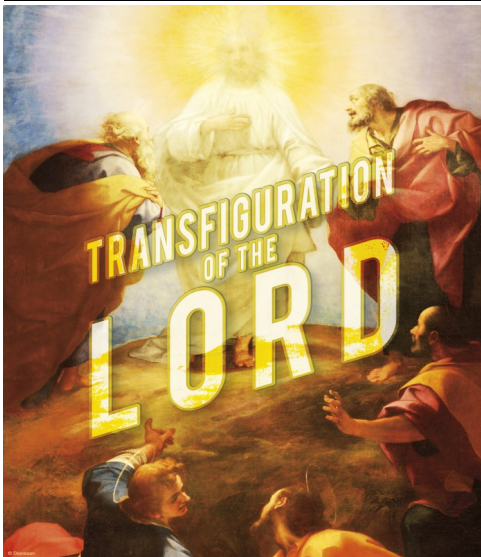
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**OFFERTORY INFORMATION
July 30, 2023**

Registered Families:	1,365
Weekly Envelopes:	211
Amount Offered:	\$6,402.00
Loose Offering:	\$1,148.00
Online Contributors:	87
Online Contributions	\$2,219.00
Total Offerings:	\$9,548.00
Budgeted Offertory:	\$11,786.00
Difference:	-\$2,238.00



**All peoples, nations and
languages serve him**

Daniel 7:14

LITURGICAL MINISTERS SCHEDULE

	Tuesday Aug. 8, 2023	Wednesday Aug. 9, 2023	Thursday Aug. 10, 2023	Saturday Aug. 12, 2023	Sunday Aug. 13, 2023	
	7:00pm Mass	8:00am Mass	8:00am Mass	4:00pm Mass	9:00am Mass	11:30am Mass
Sacristan	Brian Finn	John Martin	Judy Taylor	Mary Wolf Lee Sutton	Selma & Paul Marzec	Jeannemarie Trotta
Lector	Craig Smith	Annette Mobley	Barb Milczynski	Linda Smith Craig Smith	Denise Dara Kathleen Pawlik	Barb Milczynski John Czarksi

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AFTER THE 11:30AM MASS




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DE CHANTAL**
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AUGUST 12
{1572-1641}

“Delight in prayer is no measure of our love of God. But if we bear difficulties patiently, resist the urgings of self-love resolutely; and fulfill our duties in life willingly, if we live trusting in Providence and desiring to be known only by God - then we will show that we truly love God! Such deeds are unmistakable signs of love. Let us always be faithful in doing God's will because all else is unworthy of the name of love.”


— St. Jane Frances de Chantal



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THE GOSPEL OF THE LORD



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Feast of the Transfiguration:
In the Gospel, the Lord's voice says; "This is my beloved Son, with whom I am well pleased; listen to him." The disciples were afraid, but Jesus came and touched them, saying, "Rise, and do not be afraid."
Know that in making your gift to the Society of St. Vincent de Paul you are listening to Christ, and helping others not to be afraid.

ARMED SERVICES PRAYER LIST

Robert Bain, *Army*
 Nicholas Brosowski, *Army*
 Chris Burley, *Navy*
 Shaun Chaplin, *Air Force*
 Michael DeVito, *Army Reserve*
 Alexander J. Hendzell, *Marines*
 Gregory Hjelle, *Army*
 Louis B. Kasper III, *Coast Guard*
 Carmen LaForest, *Navy*
 Matthew McDowell, *Air Force*
 Lauren Patterson, *Air Force*
 Cassidy Kicinski Rose, *Air Force*
 Jeremy Rzeppa, *Navy*
 Anthony Trotta, *Navy*
 Kyle Wiegand, *Army*
 Steven Zurek, *Navy*

PRAYER LIST

Ann Bourdeau
 John Bueltel
 Barb Milczynski
 Kelly Pletcher
 Barb Wojtas

Names added to the Prayer List remain for four weeks. Please call the Parish Office to request prayers.

PARISH NEWS

Parish News keeps our parishioners up-to-date with regular updates from our parish. Any parishioner with an email address can sign up for Parish News.

All news will be delivered to your email inbox.

Sign up at sjfparish.org/news.



MASS INTENTIONS

Monday, August 7, 2023

No Mass

Tuesday, August 8, 2023

7:00am

Dec. Mr. & Mrs. Federico Mina (Matt & Beth Mina)

Wednesday, August 9, 2023

8:00am

Dec. Patricia Nurse (Brenda Albrecht)

Thursday, August 10, 2023

8:00am

For the Parishioners

Friday, August 11, 2023

No Mass

Saturday, August 12, 2023

4:00pm

Dec. Gerald Williams (Williams Family)
 Dec. Gabe Durante (Duran Family)
 Dec. Joe & Maria Gronowski (Gronowski Family)
 Dec. Pauline Gronowski (Gronowski Family)
 Dec. Ron Kotulis (Judy Kotulis)
 Dec. Edward J. Novak (Family)
 Dec. Herbert Dempz (Family)
 Dec. Isabelle McLaughlin (Family)
 Dec. Members of the Scally Family (Scally Family)

Sunday, August 13, 2023

9:00am

Dec. Jen Tremonti (D'Angelo Family)
 Liv. Hedy Jaracz - 100th Birthday (Sam & Sharron Randazzo)

11:30am

For the Parishioners
 Dec. James Deneweth - 10th Anniv. (Friends & Family)



OUR MISSION

“Nourished by God’s Word & the Eucharist, we strive to be a welcoming Catholic community dedicated to living and proclaiming the Gospel of Jesus Christ.”

NEW TO OUR PARISH?

Would you like to join the St. Jane Frances de Chantal parish family? Become a parishioner! You may register anytime in the Parish Office or online at sjfparish.org/joinus. We would love to have you!

ST. JANE FRANCES de CHANTAL
 38750 Ryan Road, Sterling Heights, MI 48310 586-977-8080 sjfparish.org

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 Priest in Solidum/Moderator
FrTony@sjfparish.org // Ext. 102

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 Pastoral Associate & Worship Coordinator
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Linda Smith
 Stewardship & Evening Support Staff
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Karen Graziano
 Evening Support Staff
 586-977-8080

Hosie King
 Maintenance Staff
 586-977-8080

SACRAMENTS
CHILDREN'S BAPTISM

Do you have a child you would like to have baptized? Please call the Parish Office to make arrangements.

RECONCILIATION

Available Tuesdays at 5:30pm.

MARRIAGE

Congratulations! Please contact our Parish Office at least six months prior to your desired wedding date to begin preparations.

ANOINTING OF THE SICK

Contact the Parish Office to schedule one-time or regular visits.

RITE OF CHRISTIAN INITIATION OF ADULTS

Are you interested in joining the Catholic Church? Contact Laurie Hall to begin the process. Welcome home!

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| Carol Bardelline | Sr. Mary Frederick | Stanley & Dolores Lichocki | Arnold & Shirley Putrycus | David Touchtone |
| Joseph Beauguard | Riley James Frush | Louis & Grace Loconte | Deborah Puzzuoli | Paula M. Trombley |
| Bielinski Family | Gadzinski & Solak Families | Maguran & Baglama Families | Quitter & Duncan Families | Urbano & Pomnichowski Families |
| Blacker & Bartz Families | Jesus & Mercedes Garcia | Raymond J. Mandziuk | Luigi & Elvira Rastelli | Bernard & Mary Varani |
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| Bonk & Szymanski Families | Norbert & Emily Golonka | Frank & Joan Mazur | Rucinski & Kennedy Families | Constance (Perliskey) Warchock |
| Anthony & Mary Ann Bratke | Henry & Irene Grifka | Thomas & Rose Medved | Rudzinski & Szutkowski Families | Michael Warchock |
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| Broski & Schaff Families | Hascher & Bartkowski Families | Sr. Alice Miller | Sadecki & Wojtkiewicz Families | George & Julia Wittner |
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| William (Bill) Caiozzo | Richard H. & Richie Karasinski | George Muylaert Family | Ruth Schramski | Margaret Yandora |
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